

**Junior Coaching Timetable**

Level	Year Group	Day	Time	Cost per session
Beginner	2 / 3	Tuesday	4.00 to 5.00pm	£4 members £5 non-members
Beginner Intermediate	4 } 3 }	Thursday	4.00 to 5.00pm	£4 members £5 non-members
Beginner Intermediate	5 } 4 }	Thursday	5.00 to 6.00pm	£4 members £5 non-members
Beginner	R } 1 }	Friday	4.20 to 5.00pm	£4 members £5 non-members
Advanced	}	Friday	5.00 to 6.00pm	£4 members £5 non-members
Beginner Intermediate	7 } 6 }	Saturday	9.00 to 10.00am	£4 members £5 non-members
Beginner Intermediate	8 7	Saturday	10.00 to 11.00am	£4 members £5 non-members
Beginner Intermediate	6 } 5 }	Saturday	11.00 to 12.00pm	£4 members £5 non-members

**Adult Coaching Timetable**

Beginner	Sunday	6.30 to 8.00pm	£7.00
Intermediate	Monday	6.30 to 8.00pm	£7.00

Individual coaching is also available by arrangement at £24 per hour, and this cost can be shared between members of a group if preferred.

All year groups and levels are for guidance only, and can be discussed with the coach to find the most suitable course. Unlike some coaching courses, Alan Cash does not require payment in advance, so you only pay if you play!

Each independent coaching session includes Technical Practices, Match Related Drills and Doubles Play covering tactical situations.

For more information contact the club coach Alan Cash tel: 01308 425210 & 07813 243123  
email: [alancashtennis@uwclub.net](mailto:alancashtennis@uwclub.net)